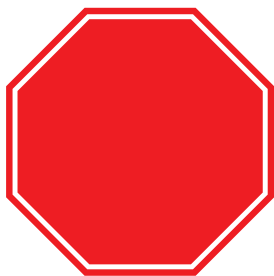


FREAK ATHLETE

ABX Assembly Guide

Important Notice



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FREAK ATHLETE

ABX Guide



ABX
Full Assembly



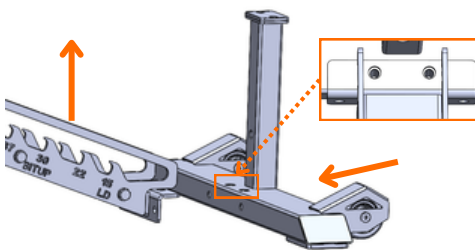
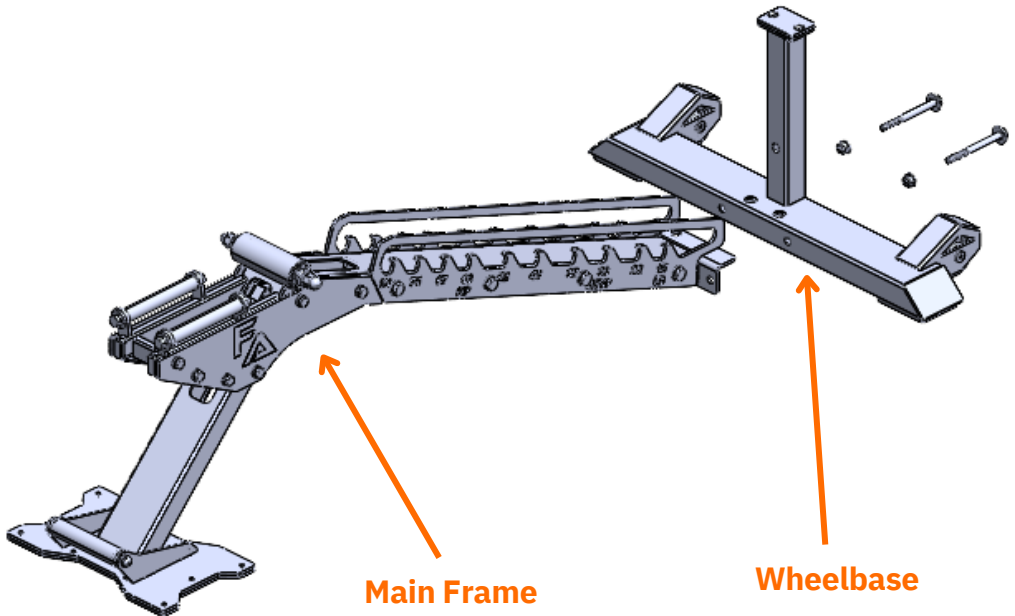
ABX
Getting Started

Steps 1: Installing Wheelbase to the Main Frame

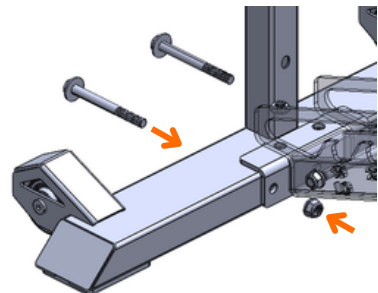
Hardware & Parts

1. Install the wheelbase to the Mainframe.
2. Hand tighten using Bolt, washer and nut.

- Main Frame
- Wheelbase
- 16/18 Wrench



a. Lift the mainframe then slide through the Wheelbase, make sure the hole are align to each other.



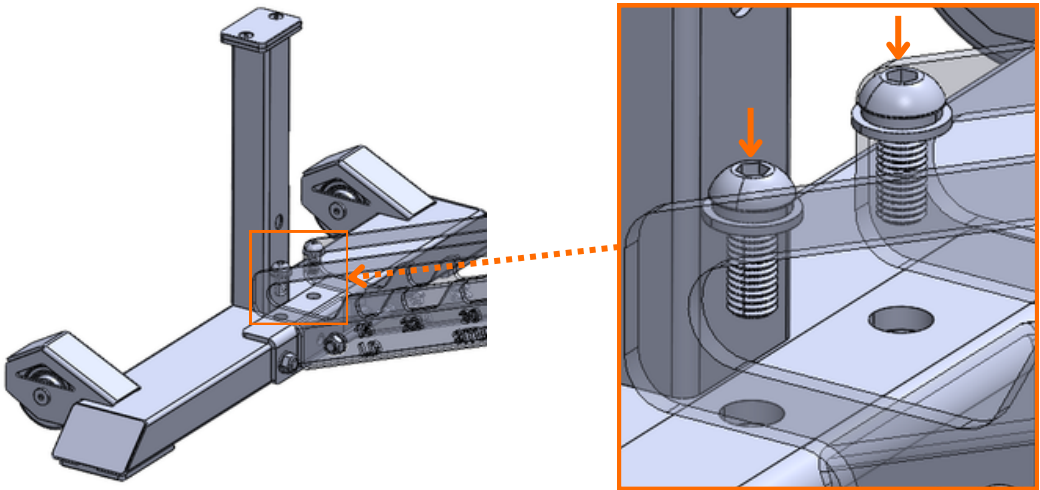
b. Put on the Bolt and washer to the hole and hand tight it with nut. Repeat the process on the other side.

Steps 1: Installing Wheelbase to the Main Frame

Hardware & Parts

1. Put on the small bolt and flat washer.
2. Fully tighten bolts and nuts using the tools provided.

- Main Frame
- Wheelbase
- 16/18 Wrench



c. Put on the Small bolt and flat washer to the hole on the top of base, Simply hand tight.

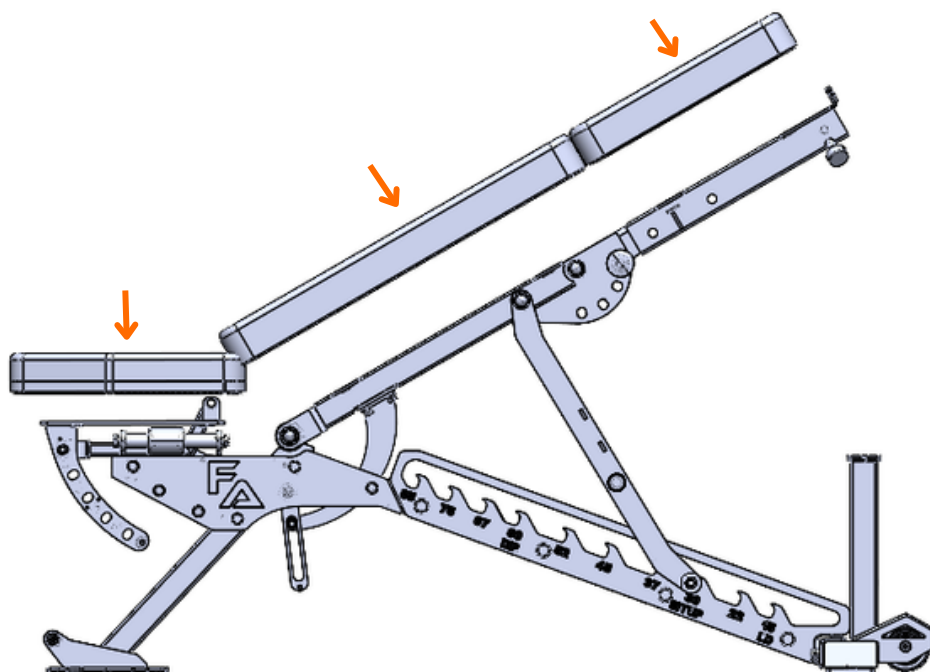
d. Fully tighten together all the bolts and nuts using the wrenches and allen key provided.

Steps 2: Pads installation

Hardware & Parts

1. Put on the small bolt with spring and flat washer, make sure the spring washer at the middle of bolt and flat washer.
2. Fully tighten bolts and nuts using the tools provided.

- Main Frame
- Seat, Back and headrest pads



a. Put on the pads to the Seat, Back and head frame.

ABX Full Assembly

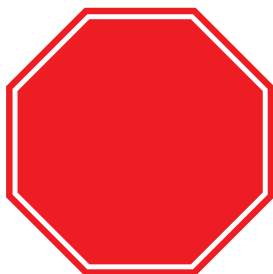
- Main Frame
- Seat, Back and headrest pads



FREAK ATHLETE

ABX + LD Assembly Guide

Important Notice



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FREAK ATHLETE

ABX Guide

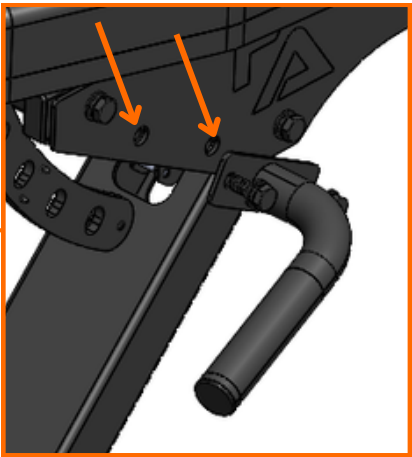
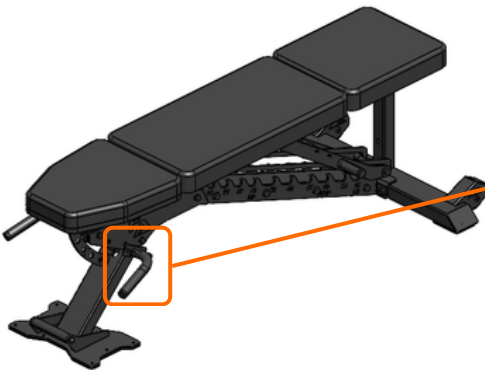


ABX **Full Assembly**



ABX **Getting Started**

LDA Installation	Hardware & Parts
1. Handle installation 2. Setting the ladder to 15 degrees (LD)	
	● ABX ● Handles

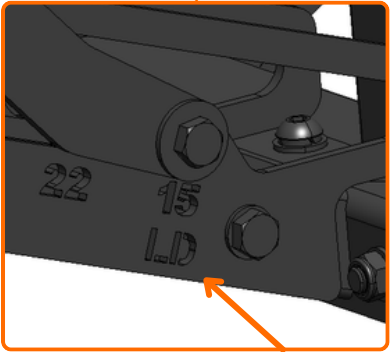


1. Remove the bolt & washers on 2 locations then bring back together wit the handle on both sides of the ABX.

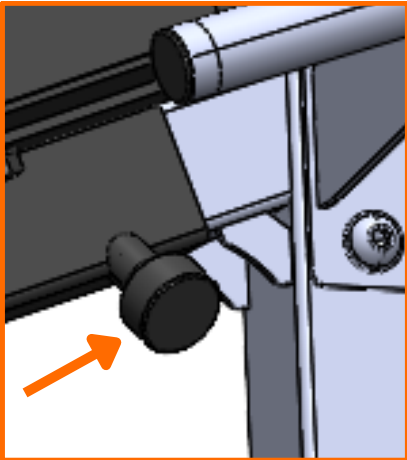
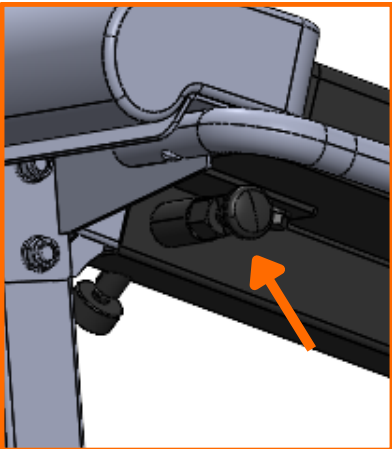
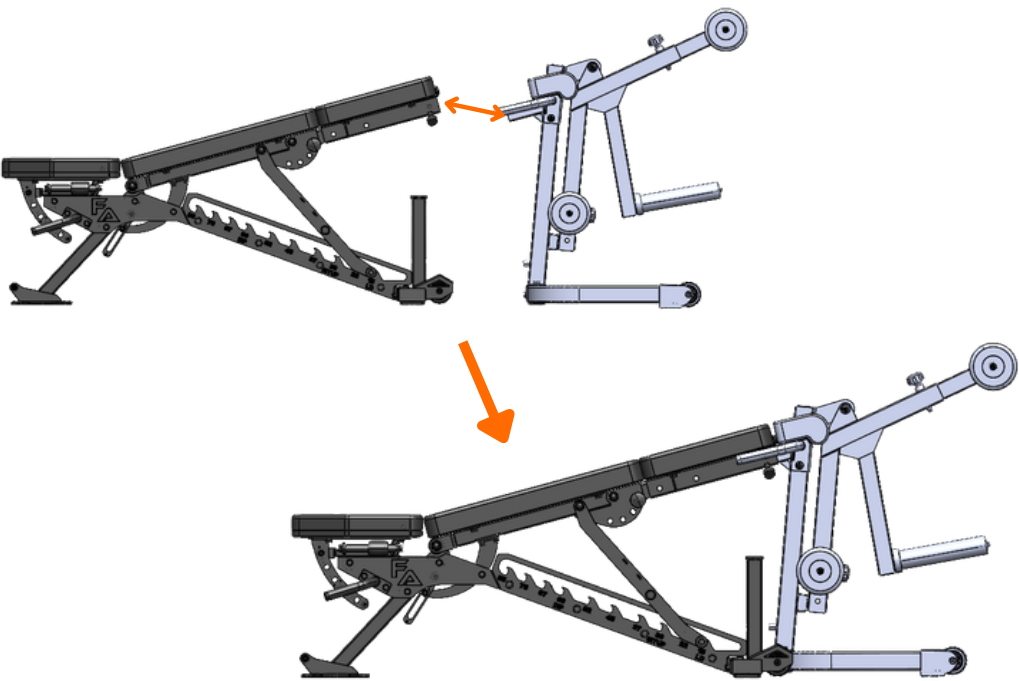
.....



2. Set the ABX to 15degrees (LD)



LDA Installation	Hardware & Parts
3.a Position the ABX and LD, the square tube of the LD is facing the Square tube of the Headrest.	
3.b Install the LD to the ABX.	● ABX with handles ● LD



4. Use this Pin to lock the LD to the ABX

5. Use this Pin to tighten the LD.

ABX + LD

● ABX with handles

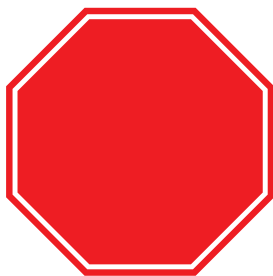
● LD



FREAK ATHLETE

ABX+Situp Attachment Assembly Guide

Important Notice



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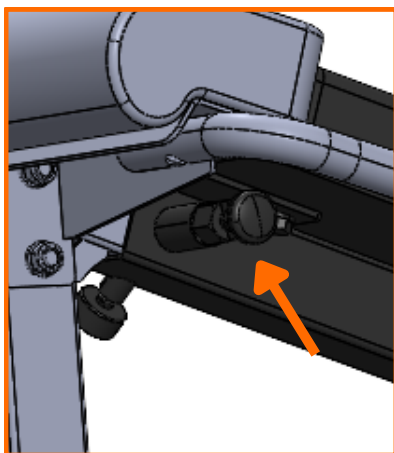
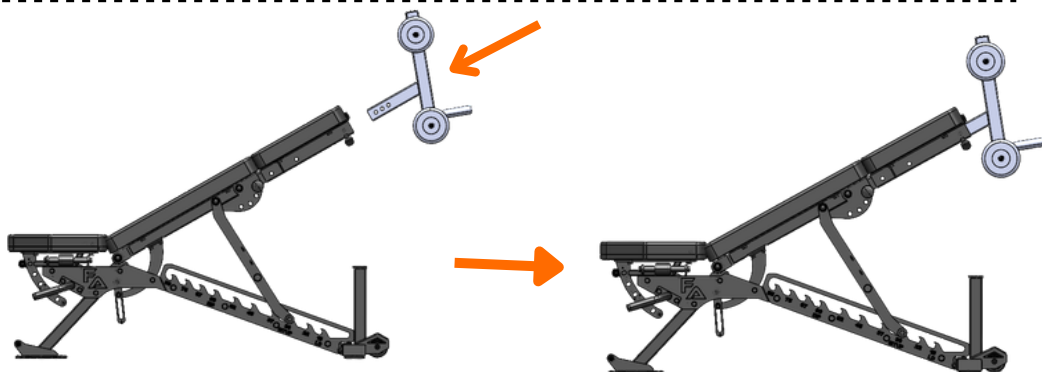
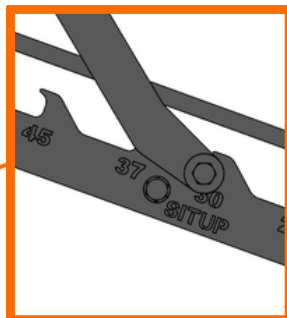
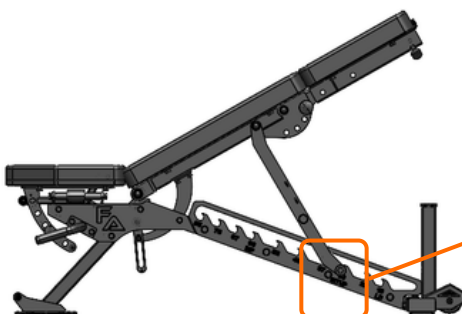
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SITUP Attachment Installation

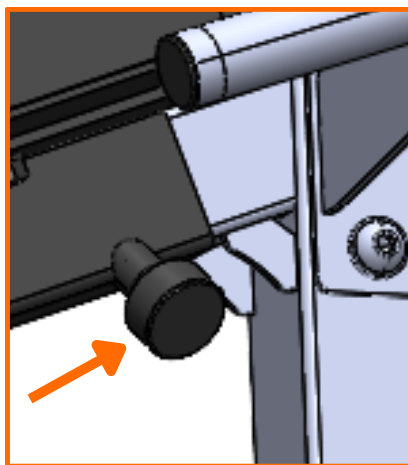
Hardware & Parts

1. Put the Ladder on 30degrees (SITUP). configuration.
2. a Position SITUP attachment to ABX, the square tube of the Headrest.
2. b Install the SITUP attachment to the ABX.

- ABX
- SITUP Attachment



3. Use this Pin to lock the SITUP attach to the ABX



4. Use this Pin to tighten the SITUP Attach.

ABX+SITUP Attachment

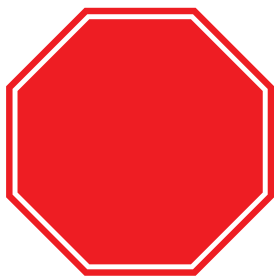
- ABX
- SITUP Attachment



FREAK ATHLETE

ABX+Dips Attachment Assembly Guide

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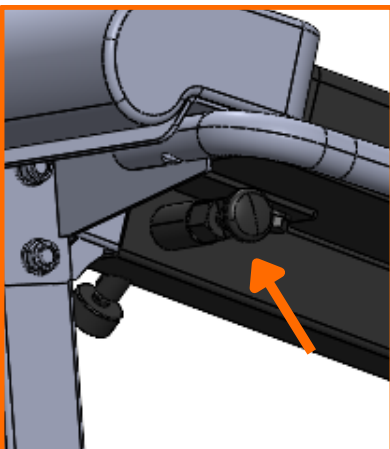
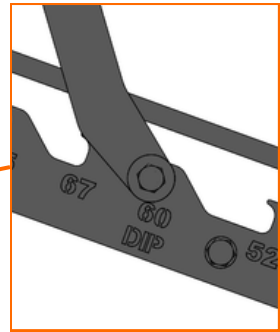
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DIPS Attachment Installation

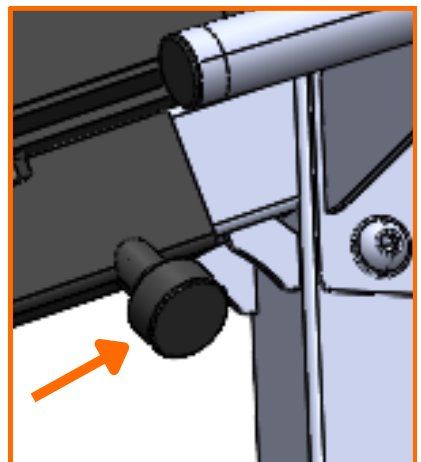
Hardware & Parts

1. Put the Ladder on 60degrees (DIPS) configuration.
- 2.a Position DIPS attachment to ABX, the square tube of the DIPS attachment is facing the Square tube of the Headrest.
- 2.b Install the DIPS attachment to the ABX.

- ABX
- DIPS Attachment



3. Use this Pin to lock the SITUP attach to the ABX



4. Use this Pin to tighten the SITUP Attach.

ABX+DIPS Attachment

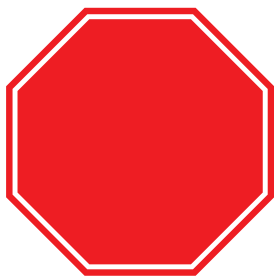
- ABX
- DIPS Attachment



FREAK ATHLETE

ABX+Dips Attachment Assembly Guide

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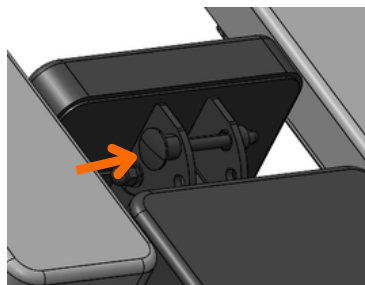
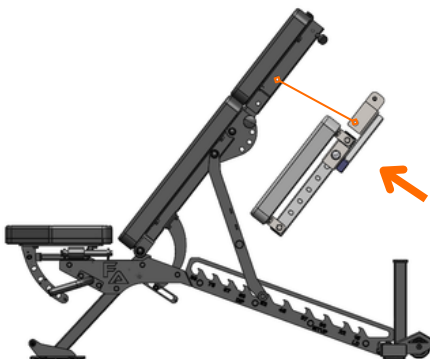
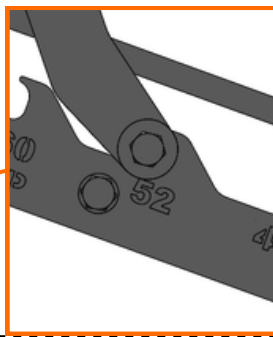
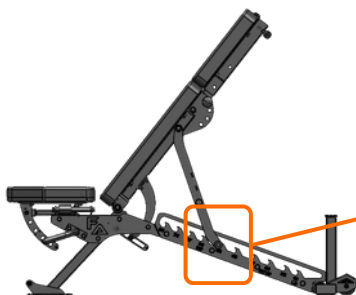
BCF Installation

Hardware & Parts

1. Put the Ladder on 52degrees configuration.
2. a Position BCF attachment to ABX Headrest Tube underneath.
2. b Install the BCF attachment to the ABX. Lock the BCF using the Pin.
3. Pull down the Headrest at 90 degrees or on desired angle.
4. Lock position using the Pin.

● ABX

● BCF



4. Lock position using the pin.

3. Pull the down the Headrest

ABX+BCF Attachment

● ABX

● BCF

